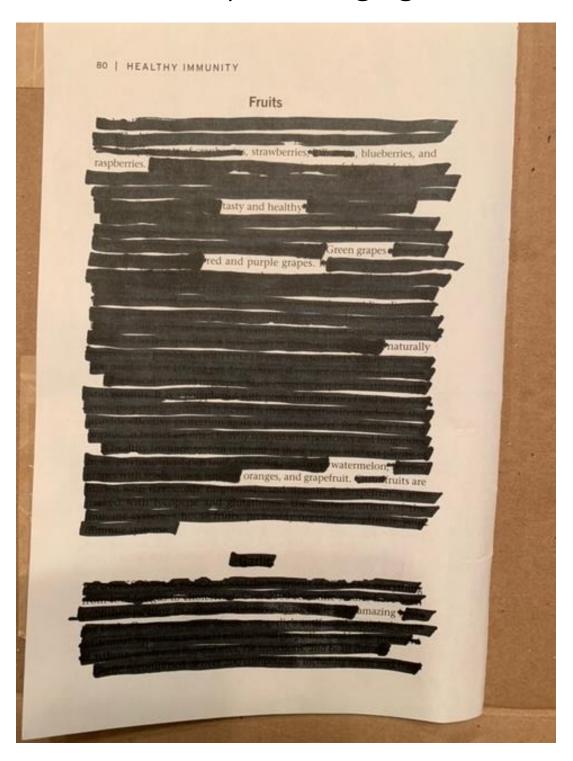
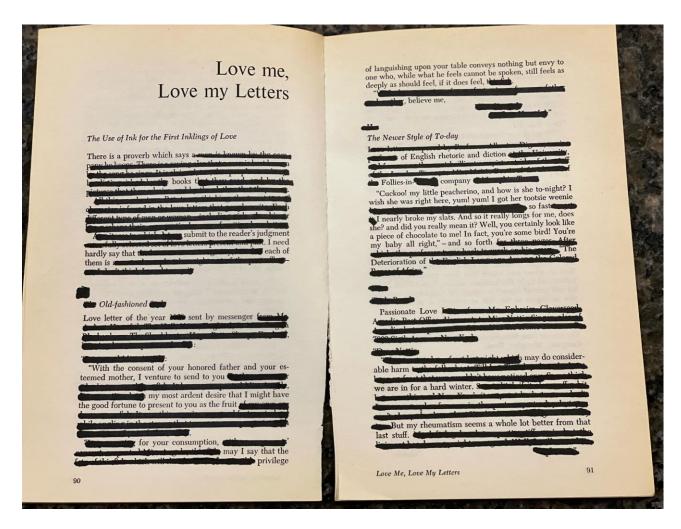
Blackout Poetry Challenging Entries



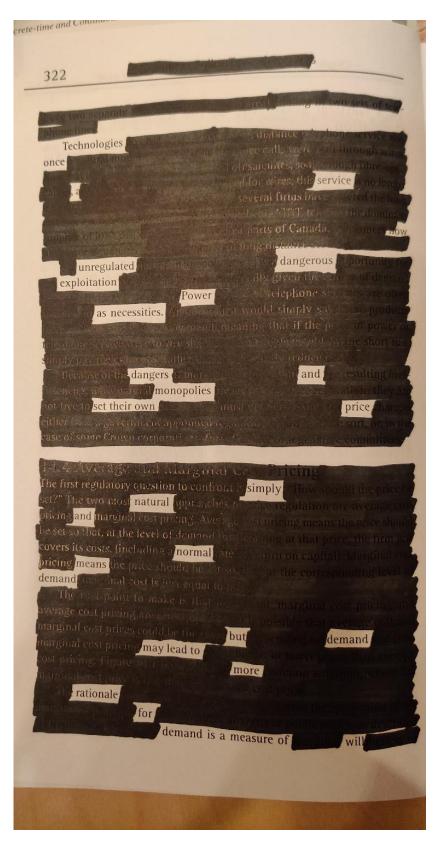
#1: 'Fruits' by Janet G.



#2, 'Love Me, Love My Letters' by Alicia



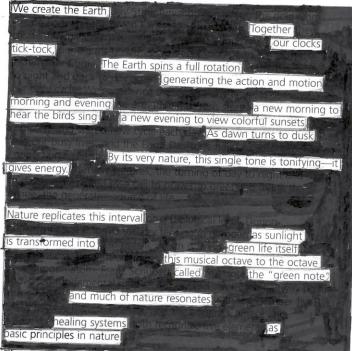
#3: 'You Should Leave Everything' by Mackensie



#4: 'The Human Emulsion' by Chris C

Earth Day 5th Interval

The green Earth Day Tuning Fork represents the generative and energetic cycle of the 24-hour day, which is the amount of time it takes Earth to rotate on its own axis. The musical note associated with the Earth Day tone is approximately G. In much of American music, G is a predominant key. From the pulsating beat of jazz to fast action rock, this music drives, without a doubt, the fastest moving society in the world.



Therapeutic Application

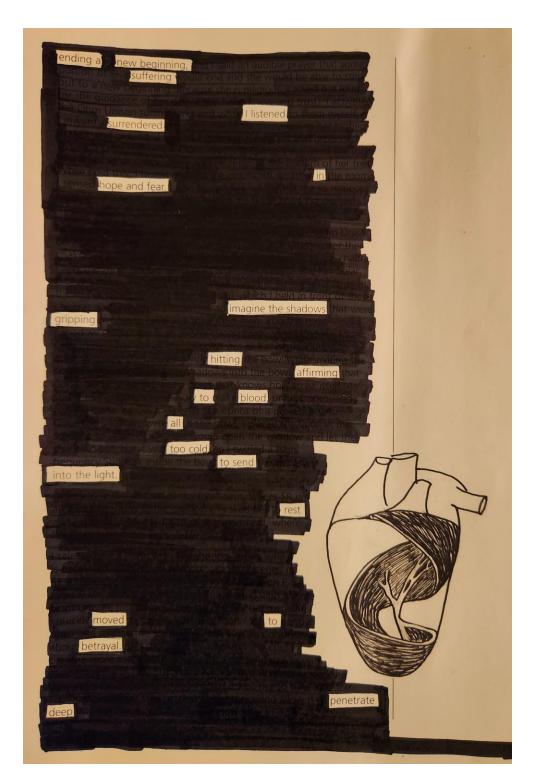
Listening to the Earth Day 5th can bring a sense of open, energetic movement and invigoration—you might feel that you are spinning faster or rushing, like an alarm clock went off or like you had too much coffee. You might also feel joyful and hopeful.

Use the Earth Day 5th on REN 6, Sea of Qi (Qi Hai) to stimulate energy overall. On ST 36, Leg Three Li (Zu San Li), use it to build up immunity. Applied to SP 3, Supreme White (Tai Bai), and SP 6, Three Yin Intersection (San Yin Jiao), it stimulates deficient Earth energies as represented by the spleen system in Chinese medicine. This interval can be useful to relieve depression and to help people awaken to their greater journey.



The Earth and the Most High Power Whose Ways Are Beautiful. All is beautiful before me, All is beautiful behind me, All is beautiful below me, All is beautiful all around me.

-Chant/Navajo

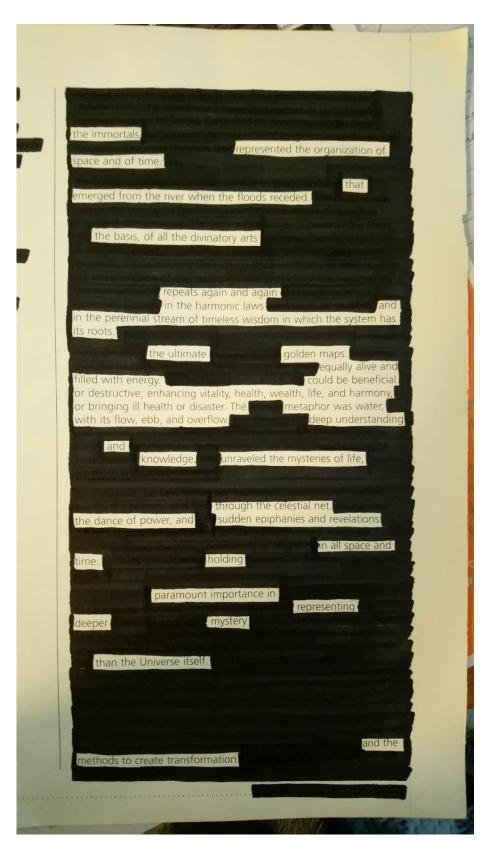


#6: 'Ache' by Jenny Y

Planning for your financial future

'uame saignalle you are really no different from anyone else easneu chronic fatigue syndrome short have hor nois autism christianity, (REM) home, longing for sleep, (seasonal affect disorder) forgiveness chest pain wholeness, capacity for, and feminine qualities vision problems overwhelmed feelings trauma guitars, listen recovery memory problems muscle memory muscle spasms arthritic pains heat spiritual disorders birth/reproduction holst, gustav, spine silence heart hult not hot flashes fidgetiness palpitations alternative therapies, banic attacks neruda, pablo, uncertainty principle ruementant -mayan traditions stress as above, so below, grandfathers/grandchild, einmosni seck training programs, uon non meakness insomnia loneliness soil of tension headaches shoulder pain joint aches suoitisueit, sertebrae, hon (ITU) have health broplems or need sisongein moon disorder, grief neck pain dizziness post-traumatic stress's pain attention deficit/hyperactivity low back pain, addictions prayer obsessive/compulsive thinking isolation tension joint pain acid reflux death, fear of poetry, back pain sinuses nervous system, restlessness

#7: 'Planning for Your Financial Future/Index' by Santiago



#8: 'Immortal Life', by Maryam